

Peace and Productivity

If you would like a more peaceful inner life while still being a productive lawyer, this workshop is for you! The OAAP is sponsoring an eight-week workshop to help lawyers thrive despite their demanding workloads and time commitments. Group participants will discuss the book, *Inner Peace for Busy People*, by Joan Z. Borysenko, and will learn practical techniques to attain both serenity and productivity. The fee is \$10, which covers the cost of the book. The group will be co-facilitated by OAAP Attorney Counselor Shari R. Gregory, MSW, JD, and Kathleen Cushing, JD. For more information, contact Shari Gregory at 503-226-1057 or 1-800-321-6221, ext. 14 or sharig@oaap.org.